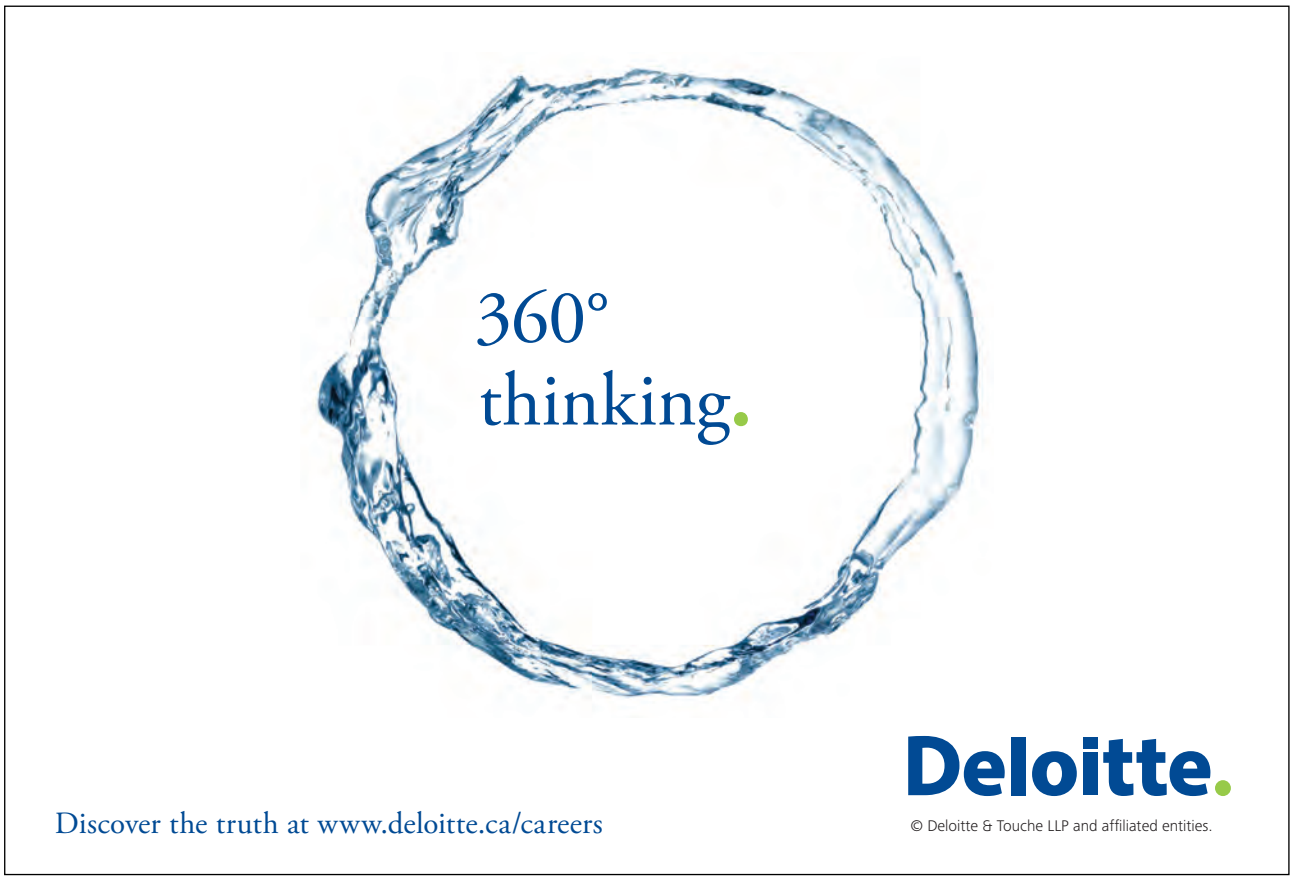
Contents

	About the author	**8**
	Introduction	**10**
	Purpose of this book and summary of key points	**12**
1	**A scary story for grown ups**	**18**
2	**The inhabitants of cyberspace's hostile side**	**20**
3	**Good digital hygiene: the essentials**	**23**
3.1	Malicious software	24
3.2	Anti-virus and Firewalls	25
3.3	Use a vault	26
3.4	Bad ideas	27
3.5	Disposing of your devices	28
3.6	Backups	29

Download free eBooks at bookboon.com

Click on the ad to read more

3.7	Passwords	30
3.8	Personal Identification Numbers (PIN)	32
3.9	Choosing software for your devices	33
3.10	Downloads	35
3.11	Sharing your devices	36
3.12	Locking your devices when not in use	38
3.13	Securing online transactions and “https”	38
4	**Your footprints in cyberspace**	**40**
4.1	Who is watching your online activities?	41
4.2	Your browser disclosures	43
4.3	Your cookies	44
4.4	Your disclosures	46
4.5	What others may be saying about you	49
4.6	Your IDs and privacy in cyberspace	50
4.7	Being selective about who is in your network	50
4.8	Social media and Internet Memory	51



Download free eBooks at bookboon.com

Click on the ad to read more

5	**Hygiene and the cyber-minefield**	**52**
5.1	Spam and scams	52
5.2	Phishing and spear-phishing	54
5.3	Attachments	55
5.4	Click here to follow the link	57
5.5	Unencrypted “free” WiFi (or WLAN)	57
5.6	Encrypting your domestic WiFi	58
5.7	Bluetooth	59
5.8	Log out of everything you do online	60
6	**Beyond the essentials**	**62**
6.1	Inventory of your devices	63
6.2	Crapware, craplets and Scareware	64
6.3	Inventory of all your accounts	65
6.4	Lost your smartphone or your computer?	66
6.5	Tracking software for electronic devices	67
6.6	Remotely wipe the contents of your lost device	69
6.7	Encryption and digital signatures	69

SIMPLY CLEVER

ŠKODA

Do you like cars? Would you like to be a part of a successful brand?
We will appreciate and reward both your enthusiasm and talent.
Send us your CV. You will be surprised where it can take you.

Send us your CV on
www.employerforlife.com

Download free eBooks at bookboon.com

Click on the ad to read more

6.8	Geo-tagging	70
6.9	Legislation you should know about	72
6.10	Jailbreaking or rooting your devices	72
7	**Good hygiene in the future**	**74**
7.1	Coming your way: the Internet Of Things	75
7.2	Digital hygiene in 2003	79
8	**In conclusion…**	**80**
9	**Other publications and websites**	**84**
10	**Acknowledgments**	**85**

Download free eBooks at bookboon.com

Click on the ad to read more